

Capitol Hill Pregnancy Center's

Volunteer Opportunities

Client Advocate and/or Mentor

(training required which we provide; these positions work one-on-one with clients)

Help Maintain the Flow of Material Resources

(sorting donated baby clothes and items and/or making the clothing bins neat again – packaging diapers and wipes, marking expiration dates on donated baby food and formula and etc: done by individual or group volunteers)

Men: lead Male Parenting Classes &/or Bible Study

Join us in the DC Schools' Parenting Classes

(be a parenting teacher – curriculum provided OR join with a teacher to help serve lunch and get to know our teen parents)

Cooking or providing a meal for our Thursday Night Parenting Classes

(A great group activity but individuals have done this)

Babysitting for our Parenting Classes

(Individuals or groups sign up to do this – sometimes, when a group provides the meal they also stay to babysit)

Quilts & Blankets and other Handmade Items

Quilts and blankets are needed in our material resources that we give to families. The handmade ones are used in the layettes that we give mothers to take to the hospital when they deliver. Please see the list of layette items located under fundraising.

Collect New and/or Used Children's Story Books

We encourage our mothers and fathers to read to their children, so having story books available to hand parents or put into a layette is a true treasure. Older siblings, who are with a mother who comes to the CHPC for a pregnancy test or material resources, love to take books home with them! You should see the smile we see on a child's face when he is told he can keep the books in his arms!

Post Abortion Bible Study Facilitators

(This is not a teaching situation but one does receive training to learn how to facilitate this sensitive healing program)

Receptionist

(Mornings, afternoons &/or evenings – having a receptionist is a great support for the volunteer counselors and staff)

Building: Everyday Maintenance

(An individual is always welcome to help in this area, but most of the time this is a group activity -- vacuuming, basic kitchen and bathroom cleaning, dusting, washing windows, organizing, moving furniture and etc.)

Building maintenance

(Painting, caulking, plumbing, anything to help maintain this old building -- Are you a Mr./Ms. Fix-it? Example: a team could paint one room as a volunteer activity)

Grounds

(Weeding, trimming hedges and bushes, painting the fence, picking up trash in parking lot {keeps the CHPC from being fined} and etc)

Prayer Team

(Join the CHPC's or form a group committed to praying for the CHPC)

Creativity

(Can you create brochures &/or clever ads for our programs? You get the idea!)

Data entry

(Input the client visit information - this can be done day or evening with or without someone being at the center {for instance, one data entry person comes in when we are closed} – training is provided)

General Office Work

(Helping with mass mailings, shredding, purging old files & etc)

Fundraising

(Fundraising for the CHPC comes in many ways:

1. Donate: once a year or monthly – any way that works for you
2. Tell someone about the CHPC and encourage them to donate
3. Collect empty toner cartridges that we cash in at Office Depot for supplies
4. Do a church wide, community group or grocery store diaper drive
5. Host a full or partial table at the CHPC Annual Banquet
6. Host a Baby Shower or do a layette drive (a layette is what we give moms to take to the hospital. It contains 2 sleepers or 1 sleeper and 1 outfit, 2 onesies, 40 diapers, 1 heavy blanket and 1 receiving blanket, and other baby items such as towels, crib sheets, baby bottles, baby picture frame, baby shampoo, Vaseline, q-tips and ETC!)

Everything in a layette is new – sometimes the items in the layette are the only new things the baby might have.

It is important for the mother to have these new baby things when she goes to the hospital!