SHARE of McLEAN

# *Share's Most Needed List*

Share's Most Needed List

## FOOD ITEMS

- Canned Fish: Sardines, Anchovies
- Healthy Snacks: Granola Bars, Seeds, Nuts, Dried Fruits
- Canned Fruit or Fruit cups: Pineapple, Peaches, or Mandarin Oranges
- Canned Tomatoes: Sauce or Diced
- Pasta: spaghetti, penne, elbow
- Spaghetti sauce: cans or plastic jars only (no glass)
- Broth: canned or box
- Canned Vegetables: Carrots, Mixed, Corn, or Peas (No Green Beans)
- Beans: Kidney, Black Beans (Canned or 1-lb Dried)
- Ramen Noodles
- Cooking Oil
- Cereal
- Condiments: Ketchup, Mayo, Mustard

## NON-FOOD ITEMS

- Feminine Hygiene: liners, pads
- Bar soap
- Pull-ups (4T – 5T)
- Diapers Size 1, 2, 5, and 6
- Baby wipes
- Toilet paper
- Paper towels
- Dish Soap
- Shampoo
- Toothbrushes (individually wrapped)
- Toothpaste (not travel size)
- New socks and new underwear (all sizes needed)

- Please remember:
  - **NO** GLASS jars or bottles
  - **NO** OVER-SIZED cans or bottles
  - **NO** OPENED items
  - **NO** EXPIRED items
- Low or no sodium items preferred
- Share can accept refrigerated and frozen food such as chicken, fresh produce, yogurt, cheese, and eggs but only by prior arrangement (email: info@shareofmclean.org).

## Amazon Wish List

https://www.shareofmclean.org/amazon-wish-list

Amazon Wish List

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# Share's Most Needed List

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## Canned Fish (sardines, anchovies)




## Healthy Snacks




## Tomato




## Pasta




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## Spaghetti Sauce (No Glass containers)




## Cooking Oil




## Spices




## Beans




## Broth




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## Condiments




## Canned Vegetables




## Fruits




## Cereal



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# Share's Most Needed List

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**Bar Soap**




**Pull-ups (size 4T – 5T) & Diapers Size 1, 2, 5 and 6**




**Baby Wipes**




**Toilet Paper (any brand)**




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**Feminine** (Liners, Pads)




**Paper Towels** (Single or multiple Rolls)




**Shampoo**




**Toothbrush** (ind. wrapped)




**Toothpaste** (not travel size)




**Dish Soap**




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**<u>New</u> Socks (all sizes and genders)**



**<u>New</u> Underwear (all sizes and genders)**

