

Follow the King

THE GOSPEL OF MARK

Sermon Questions

Date: *October 30, 2022* | Scripture: *Mark 5:21-43*

1. Read the passages from the sermon together. If you've heard this passage before, what stood out to you this time? Did you see any new details you missed before?
2. What are the things in your life that drive you to Jesus' feet in desperation? What reminds you of your need of him?
3. How do you typically cope with feelings of inability? What are healthy ways you've processed a lack of control? What are unhealthy ways?
4. Jesus meets both Jairus and the chronically ill woman in their need, but in different ways. How does each of these interactions show how Jesus meets with us as individuals? What are the similarities between these two interactions? What is different?
5. In the end, Jesus brings healing and life to both of these daughters. What are you hoping Jesus will do for you? How can your community group come alongside you in praying for that hope?

Inward Grace in Action (see back also)

In his retelling of the healing of the chronically ill woman, Mark adds a critical detail which is easy to overlook. Jesus calls out to her among the crowd, "Who touched me?" She knows exactly what he meant and who he's looking for, and so she comes forward in fear and trembling to Jesus' feet. In that moment, Mark tells us she shared the *whole* truth.

Most of us are comfortable with sharing the truth about our stories. We know everyone has experienced their own forms of sin and pain. However, when it comes to the deepest points of pain and the darkest corners of sin, we shrink away into the crowd. Sharing the *whole* truth can be hard.

Imagine the details this woman might have disclosed about the horrible shame and loneliness that came with being constantly marked as unclean. Imagine the tears that came with explaining how she came to be broke, spending all she had on doctors who gladly took her money but couldn't help her condition. Imagine

WORSHIP THROUGHOUT THE WEEK

Here are some other ways you can meet with God throughout the week:

Reflect on these Scriptures:

- Leviticus 15:25-30
- Psalm 13
- Ezekiel 47
- John 4:1-30
- Ephesians 5:1-14
- Revelation 22:1-7

Serve: there are lots of opportunities to serve in our church family. [Click Here](#) to serve as a volunteer.

Pray for our global mission partner Oakseed Ministries, that they have great attendance and a spirit of celebration during their 30th anniversary banquet.

Reach out if you need assistance:

- Call our church office at 703.821.0800
- Request aid from our Deacons' Fund at deaconsfund@mcleanpres.org

the mixture of hope and panic she felt as she approached Jesus, knowing that every person she brushed up against on her way to him was marked unclean by contact. Imagine the amazing, unbelievable relief she experienced in that moment of healing. Imagine the awkward shame she felt as she shared all this information in the middle of a crowd, however long it took to tell the *whole* truth, all while Jairus anxiously waited for Jesus to leave her behind.

Jesus is in no rush to hear her out. He knows that she needs to be healed of more than her chronic illness—she needs to be healed of her shame and isolation and fear and social stigmatization. Jesus gives her space to share her *whole* story, and at the end of it, he boldly and gently tells her, “Daughter, your faith has made you well. Go in peace, and be healed of your disease.”

Community groups aspire to be a place of safety where you can share the *whole* truth, including the ugly parts of your story.

- What are the parts of your story you are scared to share?
- How might telling the *whole* truth to Jesus free you from the weight of fear and isolation?

Action: Take time to consider what it might look like to share the whole truth of your story with your community group. Perhaps set aside time during your meetings to let one person share their testimony, or plan a night when multiple people can share.

(Note: when it comes to particularly graphic or traumatic events, please exercise wisdom and discretion in considering how to share the whole truth with others in a way that is appropriate for others and safe for yourself. If you would like help processing and expressing trauma, please reach out to the church at care@capitalpres.org)