



## Sermon Questions

Date: *July 9, 2023* | Scripture: *Psalm 90*

1. Read the passage from the sermon together. What do you find convicting? What do you find challenging? What do you find confusing?
2. How has the problem of our mortality confronted you recently?
3. How has the problem of our sin confronted you recently?
4. Think about Moses' own story. What insights might that add to appreciating the depth of this psalm? Where has he seen the problem of sin and mortality?
5. In what ways does the gospel provide a satisfying solution to this problem?
6. How was this psalm sung by Jesus? How can we sing this psalm about Jesus?

### *Inward Grace in Action (continued on the back)*

Two common ways people respond to the problem of our mortality is by seeking as much pleasure as possible or by attempting to optimize every second of the day. Neither manage to deliver on a satisfying life. Both leave us exhausted, empty, and without hope in the face of death.

The gospel is the only satisfying solution to the problem of sin and death. If you are in Christ, you have been saved by the steadfast love of our God. You have witnessed his glorious power and have been adopted as his child. That makes all the difference in how we live here and now.

Often when we think about the Bible's solution for death, we look forward to eternal paradise in heaven. Yes and amen, we can look forward to that life after death with great hope and expectation, but we'd be wrong to make this an either-or salvation. It's not "Either we stay here on earth where life is meaningless and miserable or we go to heaven and be at peace." Instead it's a both-and salvation: both the life we will enjoy in heaven and the life we have now has been redeemed and reformed by Jesus.

- Do you tend toward pleasure seeking or optimization in the face of death? Do you take a different approach? Or do you simply try to not think about it too much?
- How is that working for you? Do you feel satisfied?
- What difference does the gospel make in our lives here and now?

### **WORSHIP THROUGHOUT THE WEEK**

*Reflect* on these Scriptures:

- Deuteronomy 32:1-43
- Psalm 103
- Isaiah 43:1-28
- Matthew 10:16-31
- Galatians 4:1-7
- Revelation 22:12-17

*Serve:* there are lots of opportunities to serve in our church family. [Click Here](#) to serve as a volunteer.

*Pray* for the Powars family as they work with Cru at college campuses in our area, that students would know the gospel and that they would spend intimate time with the Lord and in community.

*Reach out* if you need assistance:

- Call our church office at 703.821.0800
- Request aid from our Deacons' Fund at [deaconsfund@mcleanpres.org](mailto:deaconsfund@mcleanpres.org)

**ACTION:** What would it look like for you to “number your days”? How might you make Psalm 90 your own prayer? Try memorizing Psalm 90 this week and praying through it daily. Keep the conversation going with your roommates, your families, or your community group. Ask how your friends are grappling with these things and ways they’ve experienced the steadfast love of our Lord.