



Sermon Questions

Date: *August 20, 2023* | Scripture: *Psalm 121*

1. Read the passage from the sermon together. What do you find convicting? What do you find challenging? What do you find confusing?
2. This psalm tells us that God protects us from the sun and moon (v6), and from our going out and coming in (v8). What does the psalm mean by these verses? What is the significance of each of these things and their pairing?
3. This psalm gives us a basis for why we can ask God for help. What parts of your life do you find it hardest to ask for help with?
4. When was a time you asked God for help and he answered your prayers?
5. How was this Psalm sung by Jesus? How can we sing this Psalm about Jesus?

Inward Grace in Action

Many of us find it quite natural to ask God for help with the “big things” in life. Who should I marry? What school should I send my kids to? Will my neighbors come to Christ? We recognize that without God’s wisdom and power, we have no hope of handling the big things. However, you might struggle to ask God for help with the “little things” in life. What should I say to my friend who’s struggling? What should I do this weekend? Where are my car keys? It can be easy to feel like these matters are too small to bring before the God of heaven and earth.

On the contrary, God invites us to ask for help in all things—to bring *every* little question and to cast *every* anxiety on him. God is so infinite and wise and powerful and loving that he cares for your small stuff as much as your big stuff. He’s got just as much time and care to help you find your keys when you’re running late as he has to help you find your spouse and lead your neighbors to Christ.

- Do you struggle to ask God for help with the little things?
- If so, why don’t you ask him for help with those things?

ACTION: Be conscious of little things in your day you can ask God to help you with. Make a practice of praying small prayers of help. Then next week, share with your community group how that went. How did you feel asking for help? Did you remember to? Did God answer any of your little prayers?