



# Sermon Questions

April 12th, 2026 | Scripture: Philippians 4:10-13 – Joyful Contentment

Pre-study: 3 things from the sermon. *Write down 3 ideas, illustrations, quotes, or points that made an impression in the sermon.*

- 1.
- 2.
- 3.

### Core Questions

1. Which phrase in verses 10–13 challenges your current understanding of contentment the most, and why?
2. How does the Philippians’ renewed concern (v.10) both meet Paul’s need and yet not define his contentment?
3. How does Paul define contentment in verse 11, and what in the passage shows that this is not superficial or dependent on circumstance?
4. How does Paul’s suffering in 2 Corinthians 11:24–33 deepen our understanding of what it meant for him to “learn” contentment (v.12)? How does this guard us from turning contentment into another achievement?
5. Why is “through him who strengthens me” (v.13) the key to the entire passage? What would contentment look like without that phrase?

### Inward Grace in Action

1. Fear and greed are two obstacles to contentment. Where do you see fear (not having enough) or greed (wanting more than enough) shaping your thoughts or decisions right now?
2. What does it look like to be honest about hardship or need, while still resting in Christ’s sufficiency?
3. Which attribute of God (His sovereignty, goodness, or faithfulness) most helps you trust Him in your current circumstances and why?

### Outward Grace in Action

1. How does receiving contentment from Christ reshape the way we view other people’s needs? Who is one person you can reach out to show intentional care this week?

For Families: Ideas of how to keep the conversation going at home, in the car, or around the dinner table:

1. **A - Ask about the message:** What’s a meal you ate recently that made you feel really satisfied, not too full, just right? What made it feel that way?
2. **S – Share your thoughts:** Paul teaches in Philippians that true contentment is like being satisfied after a good meal, but instead of food, we are satisfied in Jesus. He gives us strength and everything we truly need, no matter what is happening. That doesn’t mean we always get what we want, but Jesus helps us trust Him and be okay even when we don’t.
3. **K – Keep it going:** Ask: What are some things God has given us in Jesus? (A Father who loves us, the Holy Spirit who helps us, a church family who cares for us.) Each night this week, thank God for one of these. Remember: Jesus is enough for me!

### WORSHIP THROUGHOUT THE WEEK

Here are some other ways you can meet with God throughout the week:

*Reflect* on these passages that trace the theme of joy throughout the scriptures:

- Exodus 16:9-21
- Deuteronomy 8:1-10
- Proverbs 30:7-9
- Matthew 6:25-34
- 2 Corinthians 11:24-12:10
- Hebrews 13:5-6

### Scripture Memory Challenge:

*During this sermon series, our challenge to you and your CG is to memorize **Philippians 2:5-11**. This is the heart of the entire letter that will equip us to live with resilient joy.*

### Serve: Invite and Serve at VBS:

**Vacation Bible School (VBS)** is an exciting week that brings the gospel to life for children in our church and community. Did you know it takes **100+ volunteers** to make VBS a success? Go to the website below to read more about it and see **where God might best use your gifts and skills!** VBS 2026 Dates: June 22–26.

**Details** at: [mcleanpres.org/serve/vbs-adult-volunteers/](http://mcleanpres.org/serve/vbs-adult-volunteers/)

*Look Ahead:* Next week we will finish our sermon series – *Resilient Joy* in the book of Philippians. The scripture passage will be Philippians 4:14-23 where the apostle Paul will teach us how to invest in joy.